



## Oakville Rangers Hockey Club Team Trainer Responsibilities

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1. The primary responsibility of the team trainer is to “ensure the safety of all participants during all hockey related activities”, by identifying and eliminating risks both on and off ice.
2. The trainer shall implement an effective emergency action plan.
3. The trainer shall maintain accurate and up to date player medical information files and ensure they are available at all games and practices, including coaches and AP’s.
4. The trainer shall maintain an adequately stocked first aid kit including ice packs and ensure availability at all games and practices.
5. The trainer must remain within visual contact at all practices.
6. The trainer shall maintain the team water bottles and ensure they are available at all games and practices.
7. The trainer shall obtain a dressing room key from arena staff, provide team access and ensure that the room is properly secured while unoccupied.
8. The trainer shall be present in the dressing room, so as to be available to tend to player needs, prior to all games and practices, while adhering to the “TWO DEEP POLICY”.
9. The trainer shall ensure that all players are wearing mouth guards and neck-guards prior to practices and games.
10. The trainer shall periodically inspect player’s personal equipment for proper fit, protective quality and maintenance, ie: Helmet screws.
11. The trainer shall implement a pre-game & practice off ice warm-up and stretching program to prevent injuries if required.
12. The trainer shall manage injury response on and off ice and provide required basic injury response according to basic injury management principles and refer players to medical professionals when necessary. The necessary paperwork via the ORHC website will then be scanned and sent to Head Trainer Russell Gunner: [trainer@oakvillerrangers.ca](mailto:trainer@oakvillerrangers.ca).
13. The trainer shall maintain an open line of communication with all players and parents and report any unusual situations to the head coach.
14. The trainer should meet and communicate with opposing team Trainer regarding availability to assist in the event of an emergency and to provide information pertaining to the location of hospital or emergency medical location.
15. The team Trainer is required to attend all team events or arrange for a qualified replacement to attend in his/her absence.